

[www.sleeping-with-a-sleeping-disorder.com/melatonin-and-alcohol.html](http://www.sleeping-with-a-sleeping-disorder.com/melatonin-and-alcohol.html)

just like people, pets need a positive environment to recover, and prevent further harm  
[www.sleeping-with-a-sleeping-disorder.com/melatonin-and-alcohol.html](http://www.sleeping-with-a-sleeping-disorder.com/melatonin-and-alcohol.html)