

# Adalat.com

below are two studies that found acupuncture to be near or just above twice as effective as "conventional care" for chronic low back pain

[dailyadalat.com](http://dailyadalat.com)

i have never seen the point of using 5 separate macros to generate one very simple line of code, particularly when most of those macros are simply designed to get around the limitations of macros

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